



ANNUAL MEMBERSHIP PLANS

We offer 3 plan levels: Premium Care, Advanced Care, and Complete Care

| | PREMIUM CARE: | ADVANCED CARE: | COMPLETE CARE: |
|--|---|---|---|
| <p>Interdisciplinary Collaboration</p> <p>Your Emergence Health medical provider will connect with the members of your healthcare team (providers, specialists, and leading medical institutions) to collaborate on your medical care and provide treatment summaries so that everyone is on the same page.</p> | YES | NO | NO |
| <p>Text Messaging</p> <p>Advanced and Premium care patients have access to their medical provider through HIPAA-compliant text messaging for urgent matters, 24/7. In addition to this, Premium care members can also text their providers for non-urgent needs during normal business working hours.</p> | Unlimited | For Urgent Matters | NO |
| <p>On-Demand Priority Appointments</p> <p>Book on-demand, priority appointments that are unhurried and start on time.</p> | YES within 24-hours | YES within 48-hours | NO |
| <p>Discount for A La Carte Services</p> <p>Discount on all Emergence Health A La Carte Services.</p> | 50% | 25% | NO |
| <p>Initial Examination</p> <p>Functional Medicine Examination: During this 90-minute visit, we actively listen to your whole health story and ask targeted questions to understand your journey. We then use this information to connect the dots between your life experiences and your current state of imbalance by identifying antecedents, triggers, and mediators based on your story. Based on this information we recommend targeted tests to further assess and identify the root cause.</p> <p>Holistic Physical Examination: The thoroughness of our holistic physical exam goes well above and beyond the standard PCP annual exam. During this 60-minute visit, we review your concerns, health history, family history and current lifestyle routines around sleep, stress management, relationships, diet, and exercise. Our goal with this visit is to get to know you and identify areas to optimize your wellness and screen/prevent disease.</p> | Functional Medicine Examination (90-min) | Functional Medicine Examination (90-min) | Holistic Physical Examination (60-min) |
| <p>Initial Follow-Up Visit: 60-min each</p> <p>Your initial follow-up visit is one hour. During this visit, your medical provider connects the dots between your symptoms, history, and findings on your comprehensive test results. Based on the results of your testing, we will use a combination of medications, supplements, nutrition, and lifestyle interventions to create a custom treatment plan for you to address the imbalances found at the root cause.</p> | YES | YES | YES |
| <p>Additional Follow-Up Visits: 30-min each</p> <p>Each of your follow-up visits is 30-minutes long and with the same provider you saw for either your Holistic Physical Exam or your Functional Medicine Exam. These visits are designed to re-evaluate the initial individualized personal wellness plan, track results, and optimize treatment recommendations based on your current progress.</p> | 11 | 7 | 3 |



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| Routine Lab Reviews Routine labs are typically run through insurance and do not require additional time for our providers to review. These include, but are not limited to, the following labs: Quest, LabCorp, and Northwell Health. Your cost responsibility for these tests is contingent upon your insurance plan's coverage of the tests ordered. | YES | YES | YES |
| Comprehensive Testing: Thoughtfully designed to assess medical concerns more comprehensively than traditional primary care. Examples of these testing panels include hormone metabolites, pharmacogenetics, comprehensive stool analysis, and more. Testing is convenient and can be performed from the comfort of your home. | YES *optional, extra cost | YES *optional, extra cost | YES *optional, extra cost |
| Specialty Lab Reviews The science behind comprehensive testing is cutting-edge; we take extra steps to ensure that these results are of value and interpreted with additional attention to detail, oftentimes consulting our network of highly vetted clinical experts. Our providers perform a 30-minute internal review of your specialty lab tests prior to scheduling your follow-up appointment to review the results. | YES | YES | YES *extra cost |
| Personal Wellness Plan Plans are tailored specifically to your needs and goals. They cover diagnostic testing, nutrition, fitness, mental health, medications, medical-grade supplement recommendations, and more. | YES | YES | YES |
| Prescription & Supplement Refills Enjoy 15% off supplements and refills. Seamlessly renew medication prescriptions with just a few clicks. | YES | YES | YES |
| Unlimited Messaging via Portal Get answers, clarify treatment plans, schedule appointments, and manage prescriptions, all in your secure patient portal, ChARM. | YES | YES | YES |
| Exclusive Partner Perks/Discounts Access to top-rated conventional and holistic wellness partners offering highly sought after healing packages and programs. | YES | YES | YES |
| Town Hall Access Quarterly, your medical provider will host Office Hours; a members-only forum with opportunities for you to join, ask questions, engage with others in our network, and lean on communal support. | YES | YES | YES |